



Centered in Care
Powered by Pride

1500 South Main Street
Fort Worth, Texas 76104

phone 817-702-3431

JPShealthnet.org

National COVID-19 Resources in Tarrant County

Due to the COVID-19 pandemic, if you recently applied for SNAP or Medicaid or received a notice to call Your Texas Benefits, you do not need to speak to anyone to complete your application. **Current SNAP and Medicaid recipients will have their benefits renewed automatically.** No further action is necessary at this time, and recipients will be notified by mail when it is time to renew their benefits. For more information, please visit: <https://www.yourtexasbenefits.com/Learn/Home>

Below is a list of the resources we know to be available in Tarrant County. This is **not** an inclusive list and will be updated as things change and we learn more. **Please keep in mind things are constantly changing, services that are available today may not be available today. Please call ahead to ensure services and hours of operation. Added resources have been highlighted in yellow for your convenience.**

Please call ahead to confirm the information provided is accurate and up to date.

Last updated on 04/14/2020 by the Community Outreach Dept.



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Contents

Educational.....	3
Food	3
Pregnancy	3
Support Groups	4
Teleworking.....	4
Utilities	5

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Educational

Seattle Children's

Online resources during school closures

Website: <https://www.seattlechildrens.org/globalassets/documents/clinics/school-services/online-resources-during-school-closures.pdf>

At-Home Learning Tips for Parents: <https://www.seattlechildrens.org/globalassets/documents/clinics/school-services/at-home-learning-tips-for-parents.pdf>

Food

Door Dash Financial Assistance Program

Offering a two week financial assistance program; requirements must be met. Please visit

https://help.doordash.com/dashers/s/article/COVID-19-Financial-Assistance-Program?language=en_US for the requirements.

National Conference of State Legislatures – Hunger & Nutrition Programs

Bipartisan organization providing states support, ideas, connections, and a strong voice on Capitol Hill.

Website: <https://www.ncsl.org/research/human-services/covid-19-resources-hunger-and-nutrition-programs.aspx>

Find Meals for Kids

Working with local schools to ensure that children who rely on free or reduced-price meals at school are able to get the nutrition they need.

Website: <https://usda-fns.maps.arcgis.com/apps/webappviewer/index.html?id=789a7a56a07f4e3dab873fd8c2918f9a>

Mental Health

Health & Human Services Commission

24/7 statewide mental health support line to help Texans experiencing anxiety, stress, or emotional challenges due to the COVID-19 pandemic.

Toll-Free 24/7: (833) 986-1919

HHSC Mental Health Resources: <https://hhs.texas.gov/services/mental-health-substance-use>

Pregnancy

CDC Pregnancy and Breastfeeding Info

Website: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html>

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Healthy Children

Tips for coping with a new baby during COVID-19

Website: <https://www.healthychildren.org/English/ages-stages/baby/crying-colic/Pages/Tips-for-Coping-with-a-New-Baby.aspx>

4th Trimester Project

Information & resources on managing emotions, daily life, breastfeeding, support people, accessing healthcare, being safe at home, and updates to postpartum or birthing plans due to COVID-19.

Website: <https://newmomhealth.com/coronavirus-for-new-moms>

Support Groups

Narcotics Anonymous Online

Hotline: (800) 230-4085

Website: <https://www.neveraloneclub.org/are>

Alcoholic Anonymous Online

Hotline: (810) 234-0815

Website: www.lionrockrecovery.com

Website: <http://aa-intergroup.org/>

National Problem Gambling Helpline

Call/Text: 1 (800) 522-4700

Website: <https://www.ncpgambling.org/help-treatment/national-helpline-1-800-522-4700/>

Addiction Hotline

Text Message: 55753

Helpline: 1 (855) 378 4373

Teleworking

Free Conference Calling

Free services for video-conference.

Website: <https://www.freeconferencecalling.com/>

Google Hangout Premium

Free through July 1st

Website: <https://support.google.com/meet/answer/9760270?hl=en>

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GoToMeeting

Offering remote working tools for free for 3 months

Website: <https://blog.gotomeeting.com/coronavirus-disruptions-and-support/>

Microsoft Teams

Free for 6 months

Website: <https://www.microsoft.com/en-us/microsoft-365/blog/2020/03/05/our-commitment-to-customers-during-covid-19/>

Webex

Free services for video-conference.

Website: <https://www.webex.com/video-conferencing>

Zoom

Free services for video-conference.

Website: <https://zoom.us/docs/en-us/covid19.html>

Utilities

TXU Customer Assistance

TXU Energy is assisting customers that may incur economic hardship related to the coronavirus

TXU Energy Customer Line: 1 (800) 242-9113

- Waiving late fees
- Extending payment due dates with no down payment required
- Reducing down payments and deferring balances over five equal installments

Website: <https://www.txu.com/about/press-releases/2020/031520-customer-assistance-during-coronavirus-pandemic.aspx>

Charter

Free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription.

To enroll call **1-844-488-8395**. Installation fees will be waived for new student households.

Website: <https://corporate.charter.com/newsroom/charter-to-offer-free-access-to-spectrum-broadband-and-wifi-for-60-days-for-new-K12-and-college-student-households-and-more>

Comcast

Data plans for 60 days giving all customers Unlimited data for no additional charge

Website: <https://corporate.comcast.com/covid-19>

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